## Mac Hildebrand

## Psalm 90

## Feb 9, 2025

What's you	ır vision for a life of	? When you're sitting on a
	air in your eighties thinking back over you	
Psalm 90 –	Seeking Refuge in an Everlasting God	
<b>Big Idea</b> : G gracious fa	od is Everlasting. We are quickly fading. avor.	Seek refuge from futility in God's
1. God is	·	
• than	God exist "to everlasting." Lonand	ger
•	God existed "from everlasting." (Isaiah 57:15).	He inhabits
•	"YouGod," the self-existent, u	nchangeable "" (Exodus 3:14).
2. We are q	quickly	
•	Humanity's Our yes  Our yes  Comparison to dust (Genesis 3:17-  Comparison to grass (Isaiah 40:6-8)	19)
•	Humanity's Our short y  Our sighing and groaning (Romans 8  Our toil and trouble (Genesis 3:17-1  We grasp at lasting significance by s good ole days."	3:18-23)
•	Humanity's Our yea  O Mortality and futility can be traced to O Sin is a personal problem that each (Numbers 20:10-13).	o the root problem of sin.

3. Seek	from futility in God's eternal favor.	
God's	is a refuge from His own	
Moses ma	akes 3 requests from a gracious, everlasting God.	
•	Teach us(Psalm 90:12).	
	<ul> <li>Replacing indulgence and despair with the art of living for eternity.</li> </ul>	
	<ul> <li>Be an ant with eyes for eternity (Prov. 6:6-11).</li> </ul>	
•	Make us (Psalm 90:14-15).	
	<ul> <li>This lasting satisfaction is only found in God's steadfast love.</li> </ul>	
	<ul> <li>This lasting satisfaction awaits us every morning (more than simple joys</li> </ul>	
	like coffee).	
	<ul> <li>This lasting satisfaction is available in affliction.</li> </ul>	
•	Establish our(Psalm 90:16-17).	
	<ul> <li>To be "established" is to be "built on the rock" (Matthew 7:24-27)</li> </ul>	
	<ul> <li>Not just lasting a generation or two, but built to last on God's timescale.</li> </ul>	
	<ul> <li>We need God's hands in our work even more than our own.</li> </ul>	